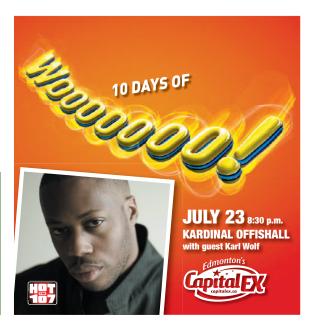
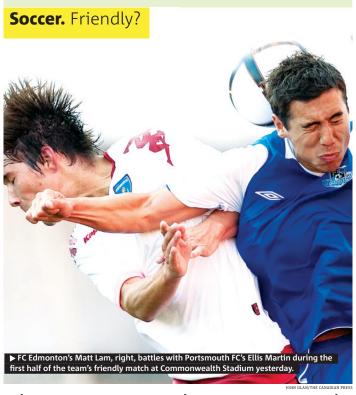
GO NUDE **GIVING BORING BEIGE SOME OOMPH** STYLE (page 16)



Thursday, July 22, 2010 **EDMONTON** www.metronews.ca





# Shootout settles soccer tilt

Edmonton FC faced off against England's Portsmouth FC in a spirited friendly soccer match last night at Commonwealth Stadium. It took penalty kicks to settle the affair, with Portsmouth coming out on top, 2-1.

# **Comics rule Hollywood**

Adaptations set to bring superheroes to screen (page 12)

# **Try out some** Grecian formula

Restaurant fuses favourite Mediterranean flavours (page 20)

# Katz may offer big monev

But Oilers owner says team is running millions of dollars in the red Says he needs taxpayer dollars to help build 18,000-seat downtown rink



Edmonton Oilers owner Daryl Katz is willing to put in "no less than \$400 million" of his own cash to build a new arena downtown, he admitted in a rare public appearance in front of city council yesterday.

"If that's what it takes to put this project forward, then I will do that," said Katz with his son and his wife sitting behind him. "We have a great opportunity to do something significant here for all Edmontonians.

The owner had reneged on his promise to invest \$100 million to build the new rink, and another \$100 million to add new developments around the new home for the Oilers.

The Katz Group and city administrators say building the rink is fi-nancially possible by charging fans a \$5 surcharge, as well as creating a tax levy zone around the new building.

#### Arena



City administrators and the Katz Group say building a new rink in the city's downtown will cost up to \$450 million in construction

Survey A study by Northlands says modernizing Rexall Place would cost roughly \$200 million — roughly \$50 million less than another study Northlands did back in 2007. The Oilers' 10-year lease at Rexall Place will

But some city councillors, including Coun. Don Iveson, say the city could be on the hook fitting the bill if there are no tenants in the levy zone.

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# Eliminate Back Pain!





# **New Revolutionary Procedure** Finally in Edmonton!

For many years, the Canadian Decompression and Pain Centers (CDPC) have been successfully treating chronic low back and neck pain using a uniquely developed procedure called **Neuro-Decompression**. In 2006, the technology used at CDPC won the Australian Design Award in the "Medical and Scientific" category.

This revolutionary treatment procedure has consistently achieved great results at CDPC locations throughout Canada. This procedure is a health Canada and FDA approved procedure. Referrals come from surgeons, medical doctors, and other health care professionals across the country, but referral is not required (you can contact us directly).

**Neuro-Decompression** is a three-phased system that was developed by CDPC doctors.

# **How Does It Work?**

The three phases at CDPC include Neuro-Decompression, Oxygen Enhancement and a unique Neuro-Nutrition phase. The full procedure is performed simultaneously during a patient's treatment.

The three phases combined create a unique treatment procedure offered only at the Canadian Decompression and Pain Centers. All three stages are integral to the system to ensure that the patient's recovery is quick, successful and long term. Many patients feel immediate relief from pain, but the goal of the treatment program is to eliminate pain long term, not temporarily, and to restore and improve the patient's quality of life.

## CONDITIONS TREATED:

- Disc bulge or Herniation
- Spinal Stenosis
- Sciatica - Neck Pain
- Radiculopathy (pinched nerve)Carpal Tunnel Syndrome
- Osteoarthritis
- Fibromyalgia
- Degenerative disc disease
- **Scoliosis**

CDPC is hosting a charity golf tournament in August 2010 in Ontario. Call to inquire!

# What Are People Saying About the Treatment?

I suffered for four years with severe back pain caused by three compacted discs in the lower lumbar region of the spine. I could only walk for about half a block before the pain set in. I could only stand up for fifteen minutes before the pain would start.

After 22 treatments of decompression, my back pain was gone but I had very sore and stiff back muscles. I then went on a two-week tour of egypt which entailed walking over uneven ground climbing steps and down into tombs for four to six hours a day. My wife and I were toally amazed there was no back pain; just some sore muscles with very slight discomfort. This was over a month ago and I'm still doing areat.

I would not hesitate to recommend Canadian Decompression and Pain Centers to anyone, I have received excellent treatment from all clinic staff.

- Clifford (Ben)Shindell, Edmonton

I am very grateful to the doctor's and staff at the CDPC. After 20 years of back pain I was so fortunate to receive the decompression treatments. I am now pain free after 20 sessions. The staff is great!! They are caring and compassionate people.

-Rudi Marczak, Edmonton

I have had a lot of problems with my lower back and with my sciatic nerve... I heard about CDPC and made an appointment...l progressed from severe pain to very little pain over the treatment program! I would recommend this treatment to anyone having lower back problems.

- Kenneth R., Edmonton

I was experiencing stabbing pains in my lower back. After six treatments, the pain was gone and I had more mobility. I was recommended by a neighbour and have already suggested this treatment to a friend with back problems. -Carol Poffinroth, Edmonton

I worked in the machine industry as a machinist for over forty years. I have had a lot of problems with my lower back in the L4, L5 area and with my sciatic nerve over the last five years.

When I heard about CDPC I made an appointment to have my back checked. They set me up on a twenty week program. I progressed from severe pain to very little pain over the treatment program. I would recommend this procedure to anyone having lower back problems.

I would like to thank the doctors and staff of CDPC for helping me with my lower back.

-Kenneth R., Edmonton

I heard about CDPC from a friend who had read an ad in a newspaper, I had terrible lower back pain which I discoverd was being cause by three herniated discs with one pinching my sciatica nerve causeing excrutiating pain and numbness in my feet and also causeing drop foot. I was to the point of using a cane to get around. To this point I had tried chiropractor, massage, and physiotherapy who suggested an MRI, which I had.

I then called CDPC to have the consultation and they were sure they could help me. I started taking my first treatments the first week of November - four treatments per week with a total of twenty. After the first four treatments I felt some relief of pain and after 12 treatments was able to get along without the cane. I have now finished my treatments and I feel 100% better and am able to enjoy life. I would like to give a special thank-you to the staff of CDPC for their compassion and care to me as their patients. I would highly recommend them for anyone's treatment.

- Ron Kelly, Edmonton

# www.canadiandecompression.com

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# Racer pulls out in front of his illness

## Diagnosed with Type 1 diabetes in 2007 Had to abandon racing



Driving a racecar is challenging enough. But Charlie Kimball's pre-race checklist is a little longer Kimball's than the average driver's.

The California driver suffers from Type 1 diabetes, so his race routine involves monitoring glucose levels in his body to go with the gas in his vehicle.

"If I've done my job right, I don't have to worry about my diabetes,' Kimball said.

His car comes equipped with a monitor for his blood sugar, as well as a stash of orange juice if he needs a quick fix of glucose.

To this end, Kimball gives talks all over North America about the trail he has blazed in racing.

"I've had a lot of great

responses," said Kimball, who's eyeing a podium finish in the Firestone Indy Lights series this weekend.

#### **Complete focus**

Kimball was accepted into Stanford University, but chose to bypass admission to follow his dream of becoming a racecar driver.

After his surprising diagnosis, Kimball returned to the cockpit in 2008 and claimed a podium finish in his first race

9At the age of nine, Kimball began gokarting, displaying his speed and talent. He would go on to win the National Go-Karting Championships seven times



# \$1.4B health boost

Health and Wellness Minister Gene Zwozdesky announced \$1.4 billion in provincial support to go towards 22 health facility projects in 15 different communities over the next three years.

The funding announcement is Phase 1 of a twophased 2010-2013 Health Capital Plan. Phase 1 deals with medium-sized cities and rural locations. Phase 2 deals with projects in Edmonton and Calgary.

At participating cafés only

"Phase 2 is something that we're working on right now," Zwozdesky said. "It will reflect Edmonton and Calgary and that will be coming out in the not too distant future.'

Infrastructure Minister Ray Danyluk said the province isn't wasting time getting started on the new projects outside of the two major cities.

"The new projects that we're working on begin to-day," he said. "Whether it be planning, the design work, the land acquisition, or construction. Our focus will be on constructing buildings that work well for patients, that work well for health professionals, and work well for communities.

The three-year Health Capital Plan also includes an additional \$375 million for vaccines, health system diagnostic development. imaging strategy and electronic health records.

ANDREAS MORSE

## **News in brief**

# **More dinners** with the Quons

TV. Many families eat dinner in front of the TV.

Now the Quon family is inviting Edmontonians to, once again, be part of the show while enjoying their meals.

The Quon Dynasty has begun production on 13 half-hour episodes, which will follow the colourful exploits of the Quon family, proprietors of Edmon-

Antioxidants and Omegas

ton's Lingnan restaurant.

The family first starred on Anaïd Productions' The Family Restaurant.

The Quon Dynasty will air on CityTV, OMNI, and Biography Channel beginning spring 2011.

**♠** METRO EDMONTON

## **Gas shortage?** In Alberta?

DRIVING. An unexpected demand for fuel this summer has left the pumps at many Shell Canada gas stations in Alberta high and dry.





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# Council talks about the future of the Indy

▶ Reports say race is set to lose more than \$2 million this weekend
▶ City has invested \$9.2 million



Edmonton city councilors met behind closed doors to discuss future plans of the Honda Edmonton Indy, which is reportedly set to lose more than \$2 million this weekend.

Roughly 15 people from Envision Edmonton, a group urging the city to keep the municipal airport, were seen wearing blue shirts during a council meeting yesterday morning.

The group was ordered by security to remove the shirts or wear them insideout because a city policy bans placard and signs during council meetings.

"We are extremely disappointed the meeting is

being held privately," said Maryanne Stanway, a volunteer with Envision Edmonton.

"It would be really nice to see the Indy go forward, because the city has had plenty of success with that."

Councillors were hearing details of a three-year

plan from Octane, a Montreal-based race promoter, about running the event. The company refused to comment publicly about the plan

The Indy's current promoter, Northlands, is ending its association with the race this Sunday.

The city has spent \$9.2 million in paying for the race's operating losses, but councilors say there's an \$18-million economic spinoff for the city.



# Local researcher studies obesity paradox



A paradox found in the link between heart failure and obesity is being explored by a researcher from the University of Alberta in a study that hopes to shed light on the phenomenon.

Antigone Oreopoulos, a professor from the U of A's School of Public Health studied 140 different pa-

#### Who needs BMI?

Researchers use a special type of x-ray scanner in this study to map a patient's body fat and muscle mass, because regular body mass index readings don't account for muscle and are less accurate.

tients who suffered heart failure. Her research is finding that while people who have higher body fat



are at higher risk of heart attack, people who have had heart failure and have

larger body masses have a greater chance of survival.

Evan Chan is one of the participants of the study and has an enlarged heart. He underwent a new type of scan to participate in the research to help understand the obesity paradox.

body chance ival. Chan Chan

speed read breaking news brought to you by Visa payWave. a secure, faster way to pay. just wave and go. "I'm happy to be helping out Antigone with her research," said Chan. "Hopefully they can learn here and help others."

While this is just one study, Oreopoulos says that she hopes others will look to her work and be able to learn from it to help those with heart condidions.

"Hopefully others will see the work we do and build on it," said Oreopou-

# Suspected bank robber arrested

The Vancouver Police Department arrested robbery suspect Cage Burnstick earlier this morning during a traffic stop.

Cage Burnstick, 27, was

Cage Burnstick, 27, was wanted on a Canada-wide warrant for being unlawfully at large and as a suspect in a recent series of

bank robberies in Edmonton.

Edmonton Police Service Robbery Detectives are continuing with their investigation and additional charges related to the Edmonton robberies are pending.

METRO EDMONTON

# Dinosaurs: Alive in your pockets

The Royal Canadian Mint rolled out a new dinosaur collector-coin yesterday in honour of the Royal Tyrrell Museum's 25th anniver-

The coin features an animation effect that brings to life Albertosaurus, a 70-million-year-old cousin of T-

Rex first discovered in Alberta.

The 50-cent brass-plated coin comes with six trading cards: Five showing off different dinosaurs found in Alberta, and the sixth telling the story of the famous Royal Tyrrell Museum. • Metro Edmonton

# Reba and guest set for Edmonton show

Country music fans rejoice, Reba is back — and she's bringing a friend.

Reba, along with her special guest Melissa Peterman, is scheduled to play Rexall Place on Oct.

Reba is embarking on a new chapter of her career with the much-anticipated release of her latest album, Keep On Loving You.

Tickets are \$49.50, \$69.50 and \$89.50 (plus service charges) and are set to go on sale tomorrow through Ticketmas-

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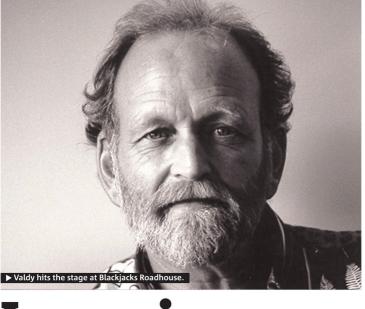
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# Juno winner Valdy to play Nisku Sunday

• Fred Heads treated to Eaglesmith show Aug. 6



Blackjacks Roadhouse is the venue for folk music before the big festival comes to town, and two well-known acts are coming to the venue in Nisku

July 25 and Aug. 6.

"We've got some good gigs coming through here with Valdy and then Fred Eaglesmith on Aug. 6 for all the Fred Heads," said Blackjacks owner Clarence Shields.

"You look at Valdy and his achievements; 12 albums ... he's got all sorts The capacity at Blackjack's Roadhouse in Nisku.

of awards.

"This guy is a pretty good entertainer.

"And Fred Eaglesmith, he just finished playing on David Letterman a week-and-a-half ago. He's a little different so he's going to be fun."

Blackjacks is one of the few facilities around Ed-monton that is licensed for more than 500 people, according to Shields.

His hope is that will continue to attract some of the big names in the music business.

"We're finding ourselves becoming a staging area for touring groups, he said.

"We've got local as well as major Canadian acts." The venue owner said however, his ultimate

goal is to promote Canadian talent.

For tickets, showtimes more information, visit Blackjacks on the Internet at blackjacksroadhouse.com.

# **Man still**

THE CANADIAN PRESS

TAR SANDS

# **Need for** pipeline questioned

A major U.S. government agency is questioning the need for a new pipeline to carry bitumen from Alberta's oilsands to American refineries.

Documents released by the U.S. Environmental Protection Agency suggest the U.S. government's current environmental assessment of TransCanada's proposed

Keystone XL pipeline doesn't go far enough. The agency says the as-

sessment doesn't consider how increased use of oil from the oilsands would affect U.S. climate change policies.

It also says the assessment ignored how renewable energy and fu-el-efficient vehicles could reduce the need for such

Environmental groups say the document could cause delays in permitting the \$12billion project and may even force a major reconsideration of it. THE CANADIAN PRESS

# missing in river

A dive team is searching for a 20-year-old man who disappeared near a dam site on the North Saskatchewan River. RCMP say two campers waded into the water near the Big Horn Dam on Tuesday. One of them got caught in the current and was swept away. The second man, who had tried to help, made it onto some rocks and was rescued by helicopter





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# **Black released** from prison on \$2-million bail

• Former media baron goes home to Palm Beach, but must head to Chicago Still facing lawsuit from IRS

Conrad Black, liberated but confined to the continental United States, will leave his Florida mansion for a courtroom in Chicago, where the same judge who sent him to jail will outline Friday the conditions of his first taste of freedom in more than two

Judge Amy St. Eve set Black free on a \$2-million US bond yesterday and gave the one-time Canadian media baron 48 hours to return to the city where he was convicted in 2007 on charges of fraud and obstruction of justice.

The bond money was put up by Black's longtime friend, Roger Hertog, an "A little like going back to boarding school, which I somewhat enjoyed nearly 50 years ago."

CONRAD BLACK, ON WHAT PRISON IS LIKE

American conservative fin-

ancier and philanthropist.
Within hours of the
hearing, Black was released from prison in Coleman, Fla., evading an assembled media horde through a back exit. Hours later, a black SUV similar to one spotted at the prison, entered Black's driveway in Palm Beach, running a gauntlet of photographers.

Black had been behind bars for more than two years after being convicted of defrauding Hollinger Inc. of more than \$6 mil-

Earlier this week, the 7th Circuit U.S. Court of Appeals granted Black's motion for bail following a Supreme Court ruling that narrowed the scope of the "honest services" law that was central to his convic-

The justices left it up to the lower court to decide whether the conviction should be overturned. That decision has yet to be made

THE CANADIAN PRESS



# No charges for Guergis, **Jaffer: RCMP** Lawyer

The RCMP has found no evidence to warrant criminal charges against former cabinet minister Helena Guergis or her husband Rahim Jaffer — but the news vesterday wasn't enough to win her reentry into the Conservative fold.

Guergis was pushed from cabinet, caucus and the Conservative nomination in her Ontario riding over allegations she had used her position to further the private business interests of Jaffer.

Guergis' lawyer, Howard Rubel, said he received a call from an RCMP commercial crimes investigator saying the force "had found nothing of substance, there turned out to be nothing worth looking into."

The Prime Minister's Office was unswayed by the RCMP's judgment, however, and said Guergis would not be allowed back into cancus

THE CANADIAN PRESS







# Art celebrates the Bible's birthday

The sculpture, which has been made from coat hangers, was displayed in Parliament Square, outside St. Giles Cathedral, yesterday in Edinburgh, Scotland. The piece was created as part of a project to celebrate the 400th anniversary of the King James Bible in 2011.

# **Storms may** hinder work to plug leaky well

High winds could carry oil booms in wetlands • Evacuating ships could delay work up to two weeks

Tropical rainstorms moving toward the Gulf of Mexico yesterday threatened to shut down undersea efforts to seal BP's ruptured well, interrupting work just as engineers get close to plugging the leak with mud and cement.

Retired U.S. Coast Guard admiral Thad Allen said a weather system brewing in the Carribean could force crews to abandon their watch over the experimental cap that's been bottling oil below the surface of the water for nearly a week.

Scientists have been underwater scrutinizing

,600 BP has about 1,600 boats operating daily in waters off Alabama, Florida and Mis-sissippi, 600 fewer than last week.

cameras and data for days, trying to determine if the cap is displacing pressure and causing leaks underground. If storms keep them from seeing the cap and getting those readings — for up to four days, Allen – BP could reopen the well to avoid missing signs it is buckling.
"This is necessarily going

to be a judgment call," said Allen, the federal government's point man on the spill who will make the ultimate decision.

Forecasters say the storm system likely will move into the Gulf of Mexico over the weekend, though it appears to be weakening. Right now, it has a 60 per cent chance of becoming a tropical depression or storm by Friday. Allen said BP and govern-

ment scientists were meeting to discuss whether the cap could be monitored from the shore

THE ASSOCIATED PRESS

FORENSICS

# **Scientists** exhume dictator

The mystery of where former Romanian dictator Nicolae Ceausescu and his wife, Elena, were buried moved closer to resolution yesterday after forensic scientists dug up their official graves in a hunt for DNA.

Ceausescu ruled Romania for 25 years with an iron fist before being ousted and executed during the 1989 anticommunist revolt in which more than 1,000 people were killed.

Many Romanians have doubted for years that the Ceausescus were really buried in the Ghencea military cemeterv in west Bucharest. Still, they were shocked by the unannounced early morning exhumation, part of a five-year lawsuit.

"I never thought this would happen," said Ioan Mirichi, 81, a former engineer visiting a family grave early yesterday.

THE ASSOCIATED PRESS

# **Sudanese** president risks arrest

AFRICA. Sudan's president, who faces charges of genocide, travelled to Chad yesterday — the first time he has risked arrest by travelling to a member state of the International Criminal Court.

Omar al-Bashir has travelled only to countries that are not ICC members since he was charged in connection with violence in Sudan's Darfur region in 2009. THE ASSOCIATED PRESS

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# Pirates may have new territory

Squeezed out of Gulf of Aden, Somali pirates could be shifting to Red Sea where navy can't stop them

The commander of NATO's counter-piracy flotilla said yesterday that Somali pirates squeezed by a multinational armada in the Gulf of Aden may be shifting some operations to the southern Red Sea where naval forces lack clear authority to stop them.

In addition to recent attacks in the area, Commodore Michiel Hijmans said there have been "a lot of false alarms" where mariners believed pirates were pursuing them.

#### Naval hunt

Jurisdiction Foreign navies have UN Security Council approval to hunt pirates in Somalia's territorial waters with advance notice using "all necessary means." But the Red Sea lies beyond that area of jurisdiction.

"We are very cautious and we're worried that there might be more attacks in that area," Hijmans said. THE ASSOCIATED PRESS



# Un-bear-able heatwave

A heatwave has hit central Russia, breaking temperature records for the past two weeks. At least 23 of Russia's 83 regions have announced a state of emergency due to record-breaking temperatures that have destroyed up to 50 per cent of crops in some of the regions, thereby inflating grain prices.

# Repeated turbulence leads to investigation

The U.S. government yesterday began investigating how a United Airlines jetliner hit severe turbulence on a flight over Kansas, injuring at least 22 and jolting one woman out of her seat so forcefully that she left a crack when she hit the side of the cabin, authorities and a witness

The Tuesday flight was the airline's third this year during which passengers were hurt because of turbulence. The flight



originated in Washington and was headed to Los Angeles. It was diverted to Denver, where it landed safely and was met by medical crews.

THE ASSOCIATED PRESS

# StatsCan head turns into statistic himself

Canada's chief statistician has resigned over the Conservative government's decision to eliminate the long census form.

Munir Sheikh announced his resignation in a statement posted on the Statistics Canada website.

He said that a voluntary survey, as that proposed by Prime Minister Stephen Harper's government, can not be a substitute for a mandatory census.

The longtime bureaucrat and economist said he would not go into the details of the discussions he had with Industry Minister Tony Clement about the CEPUIS THE CAMADIAN PRESS

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# Marvel on Era ends: N.B. icon **Main St.** protects consumer

Obama signs the most sweeping reform since Depression • Tough legislation puts Wall St. on notice

Revelling in victory, U.S. President Barack Obama yesterday signed into law the most sweeping reform of financial regulations since the Great Depres-

It's a package that aims to protect consumers and ensure economic stability from Main Street to Wall Street.

pushed law, The through mainly by Democrats in Washington's deeply partisan environment, comes almost two years after the infamous financial meltdown in 2008 in the United States that was felt around the globe. The legislation ...

**▶** Gives the government new powers to break up companies that threaten the economy.

♣ Creates a new agency guard consumers in their financial transac-

> Puts more light on the financial markets that have escaped the oversight "Because of this law, the American people will never again be asked to foot the bill for **Wall Street's** mistakes."

U.S. PRESIDENT BARACK OBAMA

of regulators.

Obama described them all as commonsense reforms that will help people in their daily life ing contracts, understanding fees, understanding

And he called the reforms "the strongest conprotections sumer

Republicans portray the bill as a burden on small banks and the businesses that rely on them and argue it will cost consumers and impede job growth.

Republican Rep. Darrell Issa of California called the bill-signing a "charade." THE ASSOCIATED PRESS

**Jack Irving** is dead

One of New Brunswick's foremost business families

John E. (Jack) Irving died yesterday. He was 78. Irving, the son of Irving

Oil founder K.C. Irving, died in his hometown of Saint John following a brief illness

"Today is a very sad day for me as we mourn the passing of my brother

Jack," said James K. Irving. "Jack was a great brother and friend. We enjoy-

many happy vears growing up together, at home and in business.' Brunswick

mier Shawn Graham said:

Pre-



Community groups can get up to \$2000 to paint murals with the owners permission.

For information call 780 442 5302 www.edmonton.ca/capitalcitycleanup Report Graffiti. Call 311.

**Edmonton** 



# **Gas giant** Encana will boost **spending**

Natural gas giant Encana Corp. is boosting capital spending by half a billion dollars this year and says it expects to produce substantially more natural gas in 2010 than previously anticipated.

"Our production is ahead of target and we are gaining ground on costs through continual opti-mization programs that help us pursue our cornerstone goal of being the industry's lowest-cost producer," chief executive officer Randy Eresman said yesterday as the firm reported a second-quarter

Encana, which expects to spend \$5 billion in 2010, said operating costs are



tracking about 17 per cent below earlier expectations. Encana says it will produce nearly 3.7 billion cu-

bic feet of natural gas per day in 2010 — an increase of 65 million cubic feet. But Encana said foreign

exchange and hedging losses dragged it to a \$505-million net loss in the second quarter, compared with profit \$92 million in the same 2009 period.

THE CANADIAN PRESS

BOMBARDIER

In 1982, Irving was abducted by a

demanded a \$600,000

ransom. Police freed

him after 10 hours.

"For more than 50 years,

Jack Irving was truly the builder of the family."

Former New Brunswick premier Frank McKenna

said he was proud to have called Irving a friend, and

"He was unfailingly courteous," McKenna said.

"He'll be remembered as a

great human being who

achieved great things in

community and

the world of business, but

never forgot his family, his

humanitarian causes that

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lone gunman who

# Will Canada's air giant spring a **C**Series surprise?

Time is running out but aerospace industry observers haven't totally given up hope that Bombardier may pull a rabbit out of its hat and close the Farnborough Airshow with a CSeries order surprise.

"If nothing is announced by tomorrow (Thursday) morning I would think that there's not going to be an order, but I don't want to write it off," said Cameron Doerksen of Versant Partners.

The Montreal-based company has reportedly refused to extinguish expectations, hinting to media at the air show near London, England, that a deal could still emerge

"Any CSeries order would be well-received, whether it's today or tomorrow or next week." Doerksen said.

Doerksen added that the aerospace manufacturer's stock was weakened Monday because an anticipated order from Qatar Airways

didn't materialize.

With more than \$25 billion US of orders, the air show has been a success for manufacturers such as Boeing, Airbus and Embraer.

But Bombardier has only contributed about \$830 million US to that tally — \$1 billion US if you include an order in the days leading up to the biennial event.

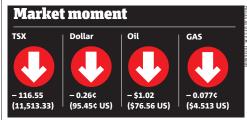
Richard Aboulafia of the Teal Group said uncertainty about Boeing and Airbus new product launches has led airlines to hold off on committing to a new product from Bombardier's maiden offering as a large jet pro-

"I guess we'll see about Thursday ... it would certainly be dramatic," he said of a possible CSeries surprise.

Despite the order guessing game, Bombardier announced yesterday that it has raised its market forecast for commercial aircraft, including the CSeries, over the next two decades as it anticipates China will propel global demand.

The world's thirdlargest aircraft manufacturer believes the industry as a whole will deliver 12,800 commercial planes of up to 149 seats by 2029, a market segment that excludes Boeing's and Airbus's big airliners.

THE CANADIAN PRESS



# Liberals allege a bonus scam

The Alberta Liberals say the Workers' Compensation Board gives bonuses to staff who cut injured workers benefits.

Labour critic Hugh MacDonald says he has letters from the board's CEO that congratulate employees for controlling claims costs.

The Liberals are demanding the employment minister review the files of injured workers who have had their benefits cut off because of bonus incentives

THE CANADIAN PRESS

# **Montreal** strife turns ships away

Cargo ship traffic is being diverted to Halifax and the United States from the Port of Montreal where the lockout of 900 longshoremen has closed it to all traffic.

Halifax Port Authority spokesperson Michele Peveril said three ships with cargo containers that were destined for Montreal had come to the Halifax port this week. Two more vessels were expected to arrive in Halifax today.

Labour negotiations were expected to resume today.

THE CANADIAN PRESS

# DROP YOUR MOM'S NAME AND GET A JOB

He says ...

## IOHN MAZEROLLE



Unemployment has been one of my most humbling experiences, up there with divorce, nearly dying, and contemplating Conrad Black's ego.

was recently jobless for three months, the longest stretch of my life. It was demoralizing. Not only was I unemployed, I was bad at being unemployed.

If you have ever used the Canada Job Bank, you know there are no jobs in this country unless you are a tradesman, a dental assistant, or a line cook. (Raise your children accordingly.)

So I had to look on foot instead. The manila envelope holding my resumés felt like a badge of shame, an adult dunce cap or a modern-day Scarlet Letter. People could tell I was behind on my debt payments, I was sure

The first place I tried in person was a hospital, and the first words out of my mouth were this is true -"I'm on the street looking for work. Can you help me?

They seemed less than

intrigued. Understand that I come from New Brunswick, where job searches involve walking into

places and saying, "I'd like to work here." Employers respond with hardball questions such as, "Your mom's name is Margie,

"Now I live in

of the interviews

involve a tired-

looking recruiter

sitting next to a

stack of resumés the

size of the late

**Gary Coleman and** 

hitting me with a

long string of

hypothetical and

ethical questions."

right?" (Don't tell anvone, but I had my answer prepped Toronto, where most for that one and always got it right.) Now I live in

Toronto, where most of the interviews involve a tired-looking recruiter sitting next to a stack of resumés the size of the late Gary Coleman and hitting me with a long string of hypothetical and eth-

ical questions. For example: "If you were on shift and your super-

visor was asleep, but he had told you specifically not to wake him, and the supervisor was YOUR

DAD, what would you do?"
"My dad's name is Bob," I'd reply. "Do you know him?"

After a couple months of this I started to wear down. But then I broke through and found a great

If you look at it one way, I stuck with it even through the dark times and proved to myself I can do whatever I set my mind to.

In another, more accurate way, I got a job without an interview and at a place where my boss knows my mom. Remember: If you're looking for work, her name is Margie.



For past columns, visit

Cartoon HOW THE HST AFFECTS

# \$2,500 spending spree



We asked: You win \$2,500. How would you spend it?

EDMONTON. I know this sounds boring, but I am going into my last year of school to acquire my human resources degree. If I won \$2,500 I would use the money to cover my last year of schooling.

TORONTO. If I won \$2,500 I would give \$2,000 to my mom in Jamaica to help with her mortgage payments, even though I don't have a job here and also have my three kids to look after with outstanding bills to pay. I just know my mom needs it





more

BEVERLEY SMITH-JERVIS

CALGARY. If I won \$2,500 I would spend it by taking my kids to the zoo, going to the Calgary Tower and busing it and C-Training it to all the sites I can show my kids. I would also get a camera to show everyone the good times my kids and I had going around

town. CLAUDETTE GRAHAM

TORONTO. I will pay off mine and my wife's Visa bills and treat my kids to some fun. Then put some toward appliances for our new home, which we are moving into in a few months. Simple and

RICHARD SANICHARA

What song is the soundtrack of vour summer? **Email** edmontonletters @metronews.ca **Twitter** @metroedmonton

Metro has the right to edit letters and submissions.

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Publisher Steve Shrout, Managing Editor Harry Hodge, Sales Manager Cheryl Skogg, Distribution Manager Jim Hillman

METRO CANADA: Group Publisher Bill McDonald, Editor-in-Chief Charlotte Empey, Associate Managing Editor Tarin Elbert. Scene/Life Editor Dean Lisk, Asst Managing Editor Amber Shortt, Art Director Laila Hakim, Nat'l Sales Director Peter Bartrem, Interactive/Marketing Director Jodi Brown

# **Metro Minute with Reframing A Nation**

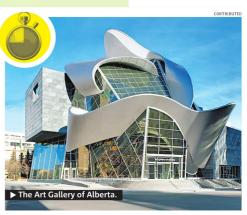
The myths that surround landscape are powerful in Canada. Reframing A Nation explores the role that landscape plays in the con-struction of Canadian iden-

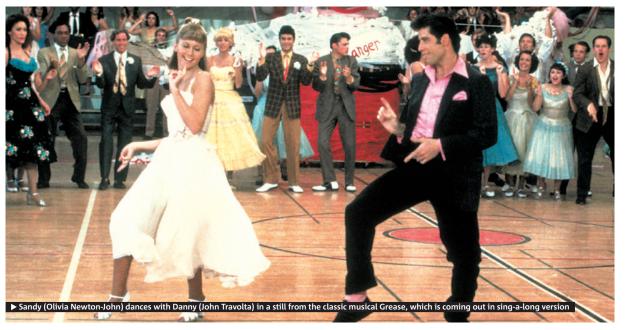
This exhibition features works from a major donation to the Art Gallery of Alberta by the Ernest E. Poole Foundation in 1975, which today forms much of the core of the AGA's collection of historical Canadian works.

Reframing A Nation considers how works by Canadian artists have been viewed in the past, and searches for new ways to talk about them in the present.

For more information, visit www.youraga.ca.

● METRO EDMONTON





# Interactive films let audiences act out

# ▶ Participatory film has a long history in independent theatres across the country ▶ New sing-a-long version of Grease lets fans belt out hits



When the special sing-along version of Grease opens this Friday in select markets, it'll give fans of the super-cheesy 1978 musical a chance to dress up as their favourite characters and belt out the hits with the help of onscreen subti-

But while the official Grease Sing-A-Long may be having its Canadian premiere, participatory films are hardly a new phenomenon. Such screenings are business as usual at a number of independent theatres across the country.

Ottawa's 78-year-old Mayfair Theatre is one example of a cinema that actively promotes audience interaction with certain titles.

"We encourage people to leave their cellphones on, stop sitting on their hands and go a little bit nuts" says Lee Demarbre, a well-known indie filmmaker (Jesus Christ Vampire Hunter) who also works as one of the Mayfair's programmers. "The idea of getting together in a big group

#### "Even if it's a bad, scratchy print. It's a lot of fun"

LEE DEMARBRE

and watching something that you love is very appealing to our fans."

The audience talk-back phenomenon probably began with 1975's The Rocky Horror Picture Show, a film explicitly designed to cultivate a cult following. Alex Chisholm, who works for the Rio Theatre in Vancouver acknowledges that Rocky is a staple but also tries to mix things up a little bit. The theatre's recent

midnight-movie selections include the so-bad-it's-good melodrama The Room and also The Good, The Bad, and The Ugly — a '60s Western widely considered to be a true classic.

"Some of these films aren't what you'd call traditionally 'call-and-response'-type titles," he says. "We like trying things out in that Roman Coliseum atmosphere. We give out a discount for best costume, so for (The Good, The Bad and the Ugly) we had 250 cowboys wandering around, cat-calling Clint (Eastwood)."

### expanding demand

- The Grease Sing-A-Long has been marketed extensively using social media: fans across North America vote online to bring the film to their city.
- Paramount previously used this strategy to open the 2009 horror film Paranormal Activity. They issued an open challenge: if the film received one million votes on eventful. com it would get a nation-wide release. It did, and ended up grossing more than \$100 million world-wide, making it the biggest indie-horror hit since The Blair Witch Project.

# scene

**News in brief** 



Drake's not going to let his Canadian citizenship keep him out of the White House. The Toronto rapper and former Degrassi star says he'd be interested in returning to his acting roots to portray U.S. President Barack Obama in a future biopic.

THE ASSOCIATED PRESS

# Coco follows father's footsteps



She is Sting's daughter and on the brink of becoming a fashion icon. But Coco Sumner doesn't want to talk about either of these subjects. And I know this because her PR has warned me not to broach either subject.

Coco Sumner has just turned 20-years-old and her career is taking off. In October her debut album The Constant is released. She's had the help of Swedish music producer Klas Åhlund who has previously worked with Madonna, Britney Spears and Robyn. Robyn is also featured on Coco's single Caesar.

"I recorded the album in

"I recorded the album in Stockholm and there will definitely be more collaborations with Klas Åhlund," she tells Metro. Sumner's summer has been filled with festival gigs and a U.K. tour, soon she'll have a vacation in Stockholm. In August she'll play the Way-Out West festival in Gothenburg.

tival in Gothenburg.

"People are skeptical of me and my music because I have a famous father. And that's why it's important for me that I get to talk about myself in interviews," Sumner explains.

I ask if it's more difficult

to be taken seriously because of her famous father. "Yes, I believe so. It's a challenge to get people to listen to my music because it's me and not because where I come from."

When the album is released in October Sumner will get the chance to show what she can do. "It feels really exciting. And I'm a little nervous about how it will be received. But I think it will be fine."





# More than meets the eye

Not just comics at world's largest convention Marvel Comic flicks set the stage for adaptations with Thor, Captain America and Avengers





Hollywood is set to descend once again on San Diego for Comic-Con, an annual five-day event that's become the de facto epicenter for sneak previews of upcoming movies and TV shows, whether they have anything to do with comic books or not.

Several upcoming comic book adaptations are fighting it out for fanboy attention, including next year

including next year's
Green Lantern with Ryan
Reynolds as the famous DC
Comics hero. Metro will be
in San Diego all week to report on the announcements, parties and general

insanity that is Comic-Con.

Marvel Comics has the
most movie adaptations
presenting at the convention, with star-studded
panels packed for Thor
and Captain America,
which are currently in pro-

Fans also expect to hear updates on the Avengers,

the planned film to unite those two characters with Iron Man, the Hulk and others.

Though Robert Downey
Jr. is set to reprise his Iron
Man role in the film, Marvel had a very public
falling out earlier this
month with Edward Norton, who will not return as
the Hulk for
the team-up

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film. Insiders predict Marvel will be announcing who will take on the part next.

At least one movie being presented at the convention has a direct link to the event: Shaun of the Dead star Simon Pegg will present details about Paul, a film about two geeks who meet an alien on their way to Comic-Con.



## **COMIC CHRIS TITUS**

# "WE'RE JUST LOOKING FOR EXCUSES"

Ask Christopher Titus what's wrong with the world. Go ahead.

Indulgent parents. Numbing prescription drugs. And Lady Gaga. Don't forget Lady Gaga.

"Just because you wear a live chimpanzee for a bra does not make you an artist," Titus insists.

But what's REALLY the root of all our problems?

"It's our own behaviour," says the 45year-old Californian.

The former star of TV's Titus is turning his searing wit on society's

ills in his new show Neverlution.

The idea sprang from his observations with one particular obese kid. "The kid was the

The kid was the grand marshall riding the fudge float in the juvenile diabetes parade," Titus said. "The kid was swearing at his dad and I just thought, 'Wow, we're losing control of the world.'

"We're going to turn the planet over to these little bastards which means we're all going to be living on a burning cinder."

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## **Album reviews**

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# **Crow blends** soul, country

**Sheryl Crow** Album: 100 Miles from Memphis Label: A&M/Universal

Shervl Crow has covered a lot of ground in her nearly two decades of making music, but she's yet to tackle soul in a serious way

Her latest attempts to do that, evoking Al Green style sounds complete with wild horns and booming choirs. She's not the new Sharon Jones though — this is soul done Crow's way. While the songs defisound nitely soulful. they're performed through the eyes of pop and country star.

Opener Our Love is Fading sees the Missouri-born songstress wail in a way she hasn't done before, but you can still hear the twang in her voice. That's not a bad thing, it would have been silly if she just copied R&B straight up and it works for the most part. Summer Day is pleas-



antly groovy with '60s organs, a funky riffs and catchy pop hook for the chorus. Eye to Eye is the interesting track most here, it's actually a reggae number, which sounds strange on a first listen. but the laid back chorus is

grower. It's not Crow's best record, but, as always with her, you're getting a reliable artist who's not afraid to mix things up now and again.

**Outstanding track:** Summer Day

BRYAN BORZYKOWSKI



**Prince** Album: 20Ten Label: NPG

Prince has never been just another cog in the music machine. From his massive hits, to changing his name to a symbol, to embracing the Internet, then calling it dead and finally releasing his latest record in U.K.'s

Daily Mail, you never know what he'll do next. So it's disappointing that 20Ten doesn't push any boundaries. The music is very '80s

— there's the peppy TV show theme song sounding Compassion, a run of the R&B track in Future Soul Song and the list goes. Outstanding track: Compassion • bryan borzykowski



**Kim Beggs** Album: Blue Bones Label: Black Hen

If Kim Beggs was making music when Joni Mitchell and Neil Young were getting their starts, this Yukonbased singer would be huge. Instead she's part of an underappreciated group of folk musicians. Hopefully that will change with her third record, which is loaded with touching country folk tunes. Lyrics about loss, the north and searching for oil are backed by smooth slide guitars, delicate acoustics and rich harmonies.

Outstanding track: Maiden Heart • BRYAN BORZYKOWSKI



**Eamon McGrath** Album: Peace Maker

Label: White Whale Records

Power punk folk from the prairies played with the ragged passion of early Crazy Horse. When Edmonton street poet Eamon Mc-Grath shifts into full gear he can sound like Tom Waits

swallowing broken glass. But there are also tender moments like acoustic track Ice Breaker that melt your soul. This is McGrath's second indie disc and it shows a prolific songwriting talent bursting with a dark creative force. Outstanding track: Cut Knife City Blues GRAHAM ROCKINGHAM

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# LiLo has no quick comeback after jail

## Short stay in slammer, but actress required to undergo three months of inpatient rehab

Lindsay Lohan's time in jail will be short, but her time away from the public eye

will be much longer. Sheriff's officials say the actress will spend only about two weeks of a 90-day sentence in jail. But her brief time in an isolation cell that has housed other celebrities such as Paris Hilton and Michelle Rodriguez is just one element of her sentence.

Once Lohan is released in August, she is required to report to probation officials within a day. She has also been ordered to spend three months at an inpatient rehab.

That portion of her sentence won't be trimmed like her jail stint by credits for good behaviour.

"It's a straight 90 days," prosecutor Danette Meyers said vesterday.

The result is that the "Mean Girls" and "Georgia Rules" star will be unavailable until late this year to start filming her portrayal of porn actress Linda Lovelace in a biopic. She will be equally unavailable to promote her role as a gun-toting nun in Robert Rodriguez's "Machete," which marks her return to the big screen in September.

It amounts to lost time for the once-promising actress, whose movements have been restricted since she missed a court date in May. It remains to be seen whether Lohan can replicate a postjail rebound similar to Michelle Rodriguez, who had a prominent role in last year's blockbuster "Avatar" and appears in "Machete." THE ASSOCIATED PRESS





# He's hot and a humanitarian, Clooney may be perfect man

George Clooney will be recognized for his humanitarian efforts at the Emmy

The Academy of Television Arts and Sciences will present the 49-year-old actor with its Bob Hope Humani-

Clooney is being hon-oured for the Hope for Haiti U.S. TV special, which is nominated for an Emmy award, and his efforts to raise funds for victims of Hurricane Katrina and raise awareabout genocide

John Shaffner, chairman

and chief executive of the TV academy, said Cloonev was 'an obvious choice" for the award because he used the power of television to move people to act.

Cloonev is the fourth recipient of the honour and will receive the award Aug. 29.

THE ASSOCIATED PRESS

# tarian Award at the ceremonv next month.

Hurray, Goslins' kids can work ... oh, wait

Pennsylvania's labour department is defending its decision to issue work permits to Kate Gosselin's sextuplets for the reality show Kate Plus 8.

A statement from the Department of Labor & Industry says the children are not being "unlawfully exploited" by the filming at their home in Wernersville.

Labour officials said vesterday the permits protect the children from working too many hours and ensure

they receive earnings from the TLC show.

Murt maintains the permits are illegal. He says the labour department must seek a ruling from the attornev general.

THE ASSOCIATED PRES



## **Talking points**

## A tea by any other name

TASTE OF GAGA? Tea company Twinings is determined to get into business with Lady Gaga and have even started working on a special blend of tea inspired by the singer, according to the Sun. "Her management have received a load of offers from major tea companies, but Twinings are the frontrunners," a source says. "They want to launch a new tea with her face on it. Names like the Taste Of Gaga are being batted about. The idea is to have tasting sessions in which she would participate." Gaga is reportedly a huge fan of the hot beverage, having a cup with every performance

## Hey, when you're hot ...

NO SURPRISE Megan Fox isn't having trouble finding work after her falling out with Transformers director Michael Bay. She's reportedly close to closing a deal to appear in Eminem's new video for the song Love the Way You Lie, which also features Rihanna, according to



#### **Celebrity tweets**



Bieber [A]justin bieberl alot of u keep saying i dont do flirty tweets anymore



mean, I know Mel Gibson has issues - but radar online makes me sick the way they are exploiting those tapes. It's none our business!



Christina **Apple** gate (A)1capple-

gate] Mother effer! I



# **Strong** women freak him

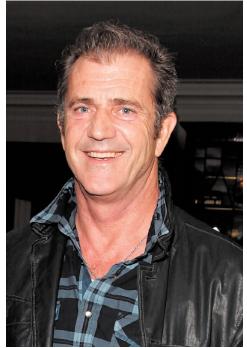
Robert Pattinson admits he's intimidated by Twilight co-star and rumored girlfriend Kristen Stewart, which can make for an awkward workplace, he

"Kristen is always really good but also clearly speaks her mind. That can be a bit uncomfortable. After we shoot a scene she sometimes looks

at the director and says, 'Let's do that again,'" he savs, according to Hollyscoop. "If I did that she would proba-bly kill me! She would probably say something like, 'Shut up! The was per-

scene fect!'" O METRO WORLD NEWS

# Introducing **ABSOLUT BERRI AÇAİ** Blended for new exceptional drink experiences.



Gibson claims extortion

Detectives looking into academy award winner's allegation against ex

Sheriff's detectives in Los Angeles are checking extortion allegations against Mel Gibson's friend.

spokesman Sheriff's Steve Whitmore says the agency is looking into whether Russian singer Oksana Grigorieva may have tried to extort the Academy Award-winner. He declined to offer

any other details on the inquiry.

Detectives earlier this month interviewed Grigorieva after she claimed Gibson abused her during an incident in January.

A spokesman for Grig-orieva declined comment Wednesday.

Gibson and Grigorieva are locked in a bitter custody dispute over their infant daugh-

No have made, and neither has been charged with any crimes.

ASSOCIATED PRESS

Fear not, Swift releasing third album this fall Taylor Swift will release her theme, and that "track by third album, Speak Now, track, each song is a differ-

worldwide on Oct. 25. She announced it to her fans yesterday through a live web chat.

It's been two years since Swift released her sophomore album Fearless. She "You've got to give yourself a little bit of time to live a lot of things so you can write about a lot of things.

Swift explains that the ti-Speak Now, is the

ent confession to a different person.

She wrote all 14 tracks herself. The first single, Mine, will be released Aug. 16. Swift also plans to launch a world tour following the release.

Fearless was the top-selling album of 2009 and earned Swift every major award, including four Gram-

THE ASSOCIATED PRESS



# Stalker hunting Ien

Jennifer Aniston is the latest Hollywood star to have to deal with a stalker. Jason Peyton, an " ob-sessed, mentally ill and delusional stalker with a history of violence and criminal stalking," was found prowling near Aniston's home with a sharp object, a bag, an a roll of duct tape, according to

METRO WORLD NEWS

# **More Palin** drama

When Levi Johnston and Bristol Palin tie the knot, there may be one notable absence: The mother of the bride. Sarah Palin is refusing to attend the planned celebration, according to Popeater. "Everyone would kill to get an invite ... It's just too bad that her mother has refused to attend. Although I can't say I blame her after everything that boy has put her through," a source says. METRO WORLD NEWS

# **Bieb still their** tween hearts

Four-time NBA champion Shaquille O'Neal has found a worthy new adversary: Sixteen-year-old Canadian pop singer Justin Bieber. The teen idol will appear in the next season of Shaq Vs, which will debut Aug. 3 on CTV. The reality show features the seven-foot-one, 325-pound O'Neal taking on various celebrities and athletes at their chosen professions. O'Neal will also take on comedians Penn and Teller, boxer Shane Mosley and NASCAR driver Dale Earnhardt Jr.

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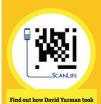
# How to wear beige

Nude, beige, taupe, mushroom, tan, whatever you want to call it, there's no escaping the sensible colour for summer and fall. • Here's how to give

the potentially boring trend some oomph.



summer, Birkenstock sandals are back with a vengeance. And they're not just for the older gent, as younger men appear to be proudly sporting them the world over. Pictured: Birskenstock, \$70, birkenstock.com. RICHARD PECKETT









#### Play with tonality

It's a colour that brings to mind 1980s rayon dresses found in thrift stores and your mom's old 1980s power suits.

Increase the youth factor by working in other neutral tones like cream and blush (another key colour of the season) the way Stella McCartney did for her spring/summer '10 collection.

It gives the beige trend a hint of the unexpected.

Just be very careful in your choice of colors. Pick the wrong palette for your skin tone and you'll looked washed out or ashy.

#### Fully commit to it

Head-to-toe beige can look perfectly chic in a 1970s kind of way. The key to pulling the full-on tan look off is the silhouette. Go for a slightly golden version of the color in a loose, easy silhouette like the Chloé look pictured. Let your bag and shoes give the outfit a pop of colour.

#### Limit it to your accessories

If the colour doesn't work with your complexion, don't force it. Experiment with the trend through accessories instead, using a great beige handbag or shoe to tone down a vibrant primary coloured dress, blouse or trouser.

# Men's picks

#### **Uniqlo Smooth Dry** innerwear

We all know that the morning commute is simply not congenial to keeping your neatly pressed shirt looking fresh and sweat-patch free. And it's perhaps even less acceptable to roll into the office floundering in your own perspiration. So what's the answer? There is now a very affordable solution, in the form of Unialo's smooth dry v-neck or crew neck innerwear. These gar-



\$8, uniqlo.com

ments remove moisture and create a breathable layer for your skin, keeping you dry and sweat patch free.

# New line and store on horizon for Wang

◆ Award-winning American designer recalls fashion diaster while dabbling in trends as a child. ◆ Today he's at the height of his career with an edgy eponymous label that receives accolades from A-list fans and critics alike.



At 26, Alexander Wang has made a rapid ascent in the style ranks, racking up Alist fans and accolades for his cool, edgy creations along the way.

But when first dabbling in crafting his own custom designs as a child, his execution didn't quite match up with his levels of ambition and enthusiasm.

Wang recalled being in sixth or seventh grade when he first tried to sew himself a pair of pants.

"It was horrible. I wore it to school the next day and the whole thing kind of ripped apart on me in class," he said, laughing in an interview Wednesday at Holt Renfrew prior to an instore appearance in support of his pre-fall and fall collections.

"It was a very embarrassing moment, but I always like telling that story because that was a self-taught lesson on how not to make your own pattern."

The San Francisco-born designer's sartorial skills and style savvy have clearly come a long way within a short time. Wang moved to New York at age 18 to attend the Parsons School of Design, landing internships with the likes of Teen Vogue and designer Marc Jacobs.

By his sophomore year,

"The idea behind it was it's just about creating a portion within the collection that lives within ready-to-wear that is really built around kind of our staples and our classics"

ALEXANDER WANG, DESIGNER

Wang was already designing the first collection for his eponymous label, and launched his full women's line in 2007, selling to more than 200 stores.

With footwear, handbag, eyewear and ready-to-wear collections already part of his burgeoning brand, Wang is now forging ahead with the launch of a standalone store, slated to open in his home base of New York by year's end.

"The idea behind it was it's just about creating a portion within the collection that lives within ready-to-wear that is really built around kind of our staples and our classics and pieces that people have really recognized," Wang said of the line, noting that it's centred around more tailored but non-business-wear attire.

THE CANADIAN PRESS

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• Here's some tips that will stylize your pet enough to be a perfect home accessory on their own

# Make you pet a stylish breed

# **DECOR MOMENT**

KARL LOHNES HOME@METRONEWS.CA



not easy incorporating doggy beds, fish tanks and gerbil acages into a

well designed space. Only recently have manufactures started to realize that pet accessories that look good will fly off the shelves. Here are a few ideas that might just help make your pet your most stylish home accessory:

#### **Home Sweet Home**

Be creative with an outdoor house for your pet. A small-sized dog house can work purr-fectly for your cat; I like to bring the houses inside; a corner of the family room or on a landing is a great place for them to escape and can be much more charming than a cage. The DIY pet houses that you can



paint vourself are so selfexpressive; what a great way to blend the house in-

# to your home's decor! Stylish Pets In Training

For young pets there is always the worry of messes and teaching them to stay in their crate at night. A smart decorator might suggest removing long drapes (cats love to climb and dogs like to lift a leg to these towers of fabric) and cover existing furnishings to keep dirt and hair off. Pets and children equal one thing in

my decorating world: Synthetic, easy-care fabrics and a good lint brush.

#### **Your Silent Partner**

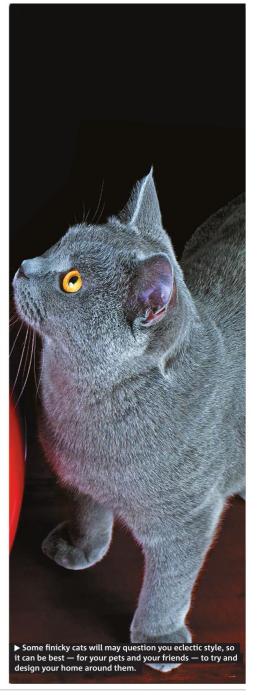
I remember the old family fish tank in the 1970's with the sunken ship, plastic looking plants and one or two lonely fishies swimming around. Tanks are now back in vogue; and used for more than just housing a goldfish.

A stylish tank adds the trickle of water and can act as ambient lighting in

your home. Display some trendy fresh bamboo or favorite shells if the fish relationship thing isn't working for you.

#### Keep your pet enter tained in style

Yes, there are DVDs and music CDs to keep your pet entertained when you are at work. Oddly enough, I think my parents use to do that to me when I was a child; sit me in front of a television and hope for the









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# Mounting your TV is a great little DIY reno



# ▶ HDTVs are a hot trend ▶ Here's how you can make them hotter

You just brought home the latest HDTV or 3-D TV, you've set it up and finally sat down in your new home theatre.

Beware — you might not be getting all that you paid for in an expensive display. And it has nothing to do with the TV itself; it's all on where you sit.

Recent studies have shown sitting as little as 10 degrees from the centre of the screen can seriously degrade the picture quality, especially with lesser-expensive LCD TVs. So if the TV is facing straight ahead and you're seated in a chair off to the right, the colours and crispness appear to fade.

Experts advise investing in a moveable wall mount that lets you position the TV toward your seat so you always have the best view.

There are many options of moveable wall mounts out there.

Full-motion mounts can extend, tilt and swivel the TV in all directions and are, by far, the most versatile mount option. With a full-motion mount, you could even place the TV inside a cabinet or in another room, then extend and swivel the display how you like it.

Tilting mounts can tilt up or down, allowing you to adjust the vertical angle of the TV—a great option if your TV is mounted high on the wall in front of a couch or recliner.

A wide variety of moveable mounts are available from Sanus Systems. More information at sanus.com.

TV

# Trendy wall mounts

You've finally purchased that sleek new flatscreen TV, or maybe you were the first in your neighbourhood to get one — now what? Mount it on the wall. New wall mounts are incredibly easy to install and use. Here are some trendy options that will help you enjoy the full potential of your TV. Loco motion

For the most flexibility, full-motion mounts are

the way to go. Offering an incredible range of motion, these mounts allow you to extend, retract, tilt and swivel your TV in all directions, so you always have the best view from any seat in the room. Sanus Systems manufactures a full-motion wall mount that fits 37- to 58-inch flat screens.

#### Tilt-a-whirl

Lesser-priced tilting mounts are a great solution for positioning the TV down to your viewing angle, especially if you put it high on the wall and intend to watch from a recliner or the floor

NEWS CANADA

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# Sigma redefines Grecian Crunchy Tortilla Salad formula for downtown



### Menu expands on Mediterranean dishes with old favourites

# **LUNCH RUSH**

CHRISTOPHER THRALL



A month ago, Cosmos Rice Howard Way

opened its doors as chic Sigma. Cheerful Mediterranean frescoes were replaced with dark, elegant hardwoods and the Greek menu expanded to include pasta, burgers and steak.

The resulting bistro only charges mid-range prices and still boasts one of the best downtown pa-

I paired my moussaka (\$14.50) with coffee (\$2.50) and the essential baklava (\$5.50). The accompanying Greek salad was abundant and only lightly oiled, while the sweet density of my eggplant casserole was simply delicious. My coffee never dropped below half a cup, and the baklava enhanced as it was with a pinch of cinnamon - was crisp, sweet and sublime.

Sigma is the right restaurant in the right place. Their solid Greek cuisine is priced lower than most in the downtown core, and renovation brought the bistro into the current decade Savour a retsina and some appetizers, or spiked coffee and baklava, and watch the world pass by.

Sigma 10020 101A Ave 780-990-1043 Rating: 4 Price range: Mid Reservations: No Signature Dish: Moussaka (\$14.50)



Yields: 8 Prep time: Cooking: 16 min.

Crunchy Tortilla Salad

#### Ingredients:

- Top Sirloin Tostada 500 g (1 lb) beef top sirloin grilling steak, about 2.5 cm (1 inch) thick
- · 8 whole-wheat flour tortillas, each about 18 cm (7inch) in diameter
- 125 ml (1/2 cup)
- chopped red onion
   2 cloves garlic, minced
- 500 ml (2 cups) each quartered mushrooms and grape tomatoes, halved
- 500 ml (2 cups) fresh or thawed corn kernels
- 250 ml (1 cup) shredded
- 30 ml (2 tbsp) minced fresh coriander or parsley

#### **Preparation:**

Oven toast tortillas. Bake in a 180 C (350 F) oven for 10 minutes or until crisp and lightly browned.

- Pat steak dry; season with salt and pepper. Grill over mediumhigh, about 5 minutes per side for medium-
- Meanwhile, in a large skillet over medium high, heat 15 ml (1 tb-sp) of the oil. Add onion and garlic; cook until onion is softened, about 4 minutes. Add mushrooms, About 5 minutes. Reduce heat to medium: add tomatoes and corn.
- Thinly slice steak; add to dressing along with mushroom mixture, lettuce and coriander, tossing gently to coat. Pile 125 ml (1/2 cup) of the beef mixture on each tortilla to serve.

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# **Kovalchuk left in limbo by NHL**

Ilya Kovalchuk is no closer to figuring out his future than he was when NHL free agency opened three weeks ago.

Kovalchuk's landmark 17-year, \$102-million US contract with the New Jersey Devils was rejected by the NHL, which ruled that the longest deal in league history violated its salary cap.

Where the high-scoring forward — the biggest prize on the free agent

market —will land now is anyone's guess.

NHL deputy commissioner Bill Daly said in a statement yesterday the Devils, Kovalchuk and the players' association still have several options if they choose to restructure the deal.

Until then, Daly said "the player is not entitled to play under the contract."

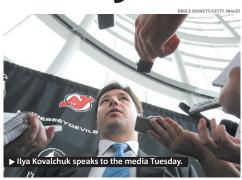
"We are extremely disappointed that the NHL has decided to reject the contract of Ilya Kovalchuk,"

Devils president and general manager Lou Lamoriello said in a statement.

"The contract complies with the terms of the collective bargaining agreement."

"We will have no further comment until the process outlined in the CBA is complete."

Kovalchuk's agent, Jay Grossman, also said yesterday he wouldn't comment until the matter is resolved. THE ASSOCIATED PRESS





Up and down

Big Red Mike The Queen's Plate champion was named the 6/5 early favourite for the \$500,000 Prince of Wales Stakes Sunday





Casey Printers The Lions QB will miss tomorrow's game versus the Argos with a knee injury.



Tiger Woods
The golfer's estimated endorsements for 2010 are worth \$22 million US less than last year, according to Sports Illustrated's

annual analysis.

# Injury dogs Weir as Open kicks off

# • Golfer intends to play, despite tendinitis • Skipped pro-am

It was probably the one time Mike Weir would rather have been talking about trying to end the country's long drought at the RBC Canadian Open.

Instead, the popular lefty from Bright's Grove, Ont., found himself discussing a bout of tendinitis in his right arm on the eve of the national championship. Weir's pro-am round came to an abrupt yesterday when he walked off the course to receive treatment in the PGA Tour's fitness trailer.

Before leaving St. George's Golf and Country Club, he made it clear that he plans to return for his opening-round tee time this afternoon (TSN, 1 p.m.

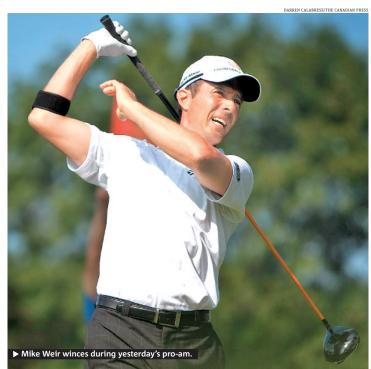
"I can't see myself withdrawing," said Weir. "I mean, I'll play through it. I have next week off. Today in the pro-am it was bothering me on every shot I Eleven of the top 30 in the PGA Tour's FedExCup standings have entered, including Paul Casey, Retief Goosen, Tim Clark, Camilo Villegas, Hunter Mahan and Luke Donald.

hit and I thought it was a good time to take it easy.

"(The physical therapist) said it was a good thing you did that. He said don't hit any more shots today, just keep doing the ice and Advil and rest it."

The nagging injury flared up during last week's British Open and puts another wrinkle into Weir's attempt to become the first Canadian to win at home since Pat Fletcher in 1954.

THE CANADIAN PRESS



# Man U still worth the most

For all the turmoil and talk of debt, Manchester United is still the most valuable franchise in all of sports.

Forbes released its list of the world's most valuable teams yesterday, with the English Premier League club leading the way at \$1.84 billion US.

The top American franchise, the Dallas Cowboys, was second at \$1.65 billion. The New York Yan32All 32 NFL teams made the list. The rest of the teams came from soccer (nine), baseball (five), basketball and motorsports (two each).

kees, Washington Redskins, New England Patriots, Real Madrid, New York Giants, Arsenal, New York Jets and Houston Texans round out the top 10. THE ASSOCIATED PRESS



# **Sports in brief**

# Jefferson stays with Spurs

NBA. Richard Jefferson is returning to the San Antonio Spurs after opting out of his old contract that would have paid him \$15 million US next season. The Spurs announced yesterday they re-signed the veteran swingman. Terms of his new deal weren't

disclosed, but Jefferson had been willing to give up the final year of his bloated deal for longerterm security.

# Villeneuve joins with Durango

RACING. Jacques
Villeneuve confirmed
yesterday he has joined
forces with Italy's Durango in a bid to place a
team in Formula One
next season.
METRO NEWS SERVICES



# **Dodgers hit with suspensions**

Los Angeles Dodgers pitcher Clayton Kershaw, manager Joe Torre and bench coach Bob Schaefer were all suspended yesterday as a result of incidents in the team's loss to the San Francisco Giants that caused

debate about the rules.

Bob Watson, vice-president in charge of discipline, rules and on-field operations Major for

League Baseball, announced the discipline, which included undis-closed fines for all three.

Kershaw was handed a five-game suspension for intentionally throwing at Giants centre-fielder Aaron Rowand in the seventh inning of Tuesday night's game, which the Dodgers lost 7-5, their sixth straight defeat.

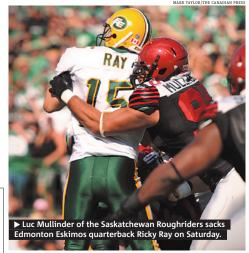
Kershaw has appealed, so he'll be allowed to play until the process is com-

Torre received a one-game suspension for Kershaw's actions after plate umpire Adrian Johnson issued a warning to both benches in the fifth in-

Torre served his suspension last night in the series finale, with hitting coach Don Mattingly taking over as manager.

Schaefer got a one-game suspension for his actions, which included coming onto the field in the sixth inning. He will serve his suspension today, when the Dodgers open a four-game series against the New York Mets.

THE ASSOCIATED PRESS





# PRFSSURF

Richie Hall's head could be the first to roll this season in the CFL.

all's underachieving Eskimos are floundering through the early part of the year and the pressure is already mounting to make changes. The 0-3 Eskies have yet to score a point in the fourth quarter through three games, have been outscored 29-0 in the last 15 minutes, and last week failed to hang onto a seven-point fourth-quarter lead against Saskatchewan. The 1965 season was the last time the Esks started a campaign 0-4.

The Esks, who also face the added pressure of hosting this year's Grey Cup game, face the Bombers Saturday.

#### ARGOS FLYING HIGH:

The Toronto Argos are breathing rarified air early in the 2010 campaign. For the first time since 2007, the Argos are in first place in the CFL East (tied with Montreal), and are converting some skeptics who wondered aloud if first-year CFL quarterback Cleo Lemon had the tools to win in Canada.

#### KICKING AROUND:

There are no sure things in the CFL, but Ticats placekicker Sandro DeAngelis used to be as close as you could get to perfection. The most accurate kicker in CFL history through five seasons in Calgary, DeAngelis missed both his field goal attempts last week and is just 4-of-8 this season. DeAngelis signed as a free agent but now you have to wonder if the tricky winds of Ivor Wynne Stadium have gotten into his head. **PIERCE INJURED:** 

Winnipeg Blue Bombers starting quarterback Buck Pierce will miss Saturday's game against the Edmonton Eskimos with a sprained right knee. With the oftinjured Pierce (he had been knocked out of seven of his previous 23 games) on the sidelines, Bombers backup Steven Jyles will guide the offence.

#### RAMBO'S RETURN?:

The Calgary receiving corps should profit from the possible return of Ken-Yon Rambo Saturday when the Stampeders host the Saskatchewan Roughriders. The CFL's leading receiver in 2008 appears set to return from a serious knee injury suffered early last season.



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#### Crossword

#### Across

1 Bullets and such 5 After-dinner remark? 9 Moment 12 Black shade 13 Vicinity

14 Painter's medium 15 Data-storage

device 17 To and —

18 Goya, for one 19 Performed

21 Indefinite article 22 Paycheck extra

24 Final 27 Storefront sign abbr.

28 Nonsense 31 Altar affirmative

32 Conger, e.g.

33 Gorilla 34 Couch 36 "7 Faces of Dr. -

37 Fix in a sense 38 Afternoon hour 40 Roman Dalmatian count?

41 Diamond side

43 Power problem 47 Past

48 Toil

51 Scoundrel

52 "Zounds!" 53 Abrades

54 Golf gadget

55 Umps 56 Eyelid woe

Down

1 Rue the run

2 Castle protector 3 "Walking in Mem-

phis" singer Cohn 4 Hackneyed

5 Roseanne of sitcom

24 Fleur-de- -

26 Less explicit than 27 Aid

12 14 17 15 16 18 19 21 25 26 28 29 ไสด 32 33 36 34 35 37 40 39 45 46 48 49 50 52 53 54 55 56

6 Mentalist Geller Gun the engine

8 Hvmn

9 Flattery 10 Green land 11 Lummox

16 Lair 20 Young Scout

22 Silver-scaled fish 23 Scandinavian city

25 Big bother

it could be

30 Attention-getter

35 Shock and 37 Raga musicmak

ers 39 Something else

40 — -de-sac 41 Datum

42 Malaria symptom 43 Probability 44 Touch

50 U.K. fliers

45 Pass 46 Gaelic 49 Census stat

#### ➤ Yesterday's answer

_	_	_	_		_	_	_		_	_	_	_
K	Е	┙	Р		М	Α	О		0	М	Α	N
Т	R	Е	S		Α	S	Ι		В	-	L	Е
W	Α	Т	Е	R	S	К	Τ		S	L	0	Ε
Т	S	s	U	Е	S		Р	Е	Е	K	Е	D
			D	1	Е		s	Α	R	D		
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For today's crossword answers and for

expanded horoscopes, go to metronews.ca

#### Sudoku

10

	6	2				1		
			8	2				3
9					1			4
		9	1		6		5	
	2			8			3	
	4		2		7	6		
1			3					2
8				5	2			
		7				5	9	

## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

#### 3 5 1 2 7 6 4 9 8 1 3 9 8 6 9 2 5 6 4 3 9 1 8 2 2 9 6 8 3 5 4 1 1 3 5 2 7 9 6 3 8 4 1 2 6 7 5 7 5 9 6 8 2 3 4

# Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

Manning, it has been a year in the making but now that we are together I am the luckiest girl in the world. And we are proof that opposites do attract. I LOVE YOU! -SARAH

When I came to meet you for the first time X-mas Eve. When our eyes met you had a piece of my heart. Now you have my soul. I want you in my life always. You are truly special. ANGELA

MIMI! Finding you was the best thing that has ever happened. Be mine forever! XIAO WEIWEI

Sebastian, After much philosophizing, I believe that the day we are separated will be my apocalypse. So I'll stand by you and love you always, KEIDI

#### A look at the weather

TODAY Min 10°

FRIDAY Min 10° Max 23°

SATURDAY Min 10° Max 25° Michele McDougall Weather Specialist "My favourite part is reporting the weather. It fascinates me, and as

we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM



### Today's horoscope

T Aries March 21-April 19 One of the best times of the year begins for you today as the Sun moves into Leo and no matter how depressed you may have been feeling of late you will cheer up considerably.

¥ Taurus April 20-May 21 Go out of your way over the next 24 hours to remind loved ones how much they mean to you. Tell them loud and tell them

II Gemini May 22-June 21 Put vour worries behind vou and start having fun. Forget about everything that does not bring a smile to your face.

G Cancer June 22-July 22 The simple fact is you have been spending far more than you

can afford. Time to cut back a

 Leo July 23-Aug.23 A new solar year begins for you today and there is no reason why it should not be the best one

M Virgo Aug. 24- Sept. 22 The next few weeks may not be easy but there is no reason why they should be difficult either. Keep reminding yourself how much you have to be thankful for and keep your eye on your ultimate goal. It's not so far away.

← Libra Sept. 23-Oct. 23 Do you need a rest? You certainly deserve one. No one will complain if you ease off the pace today, and if you get together

with some of your laidback friends you'll have a great day together doing next to noth-

> M Scorpio Oct. 24-Nov. 22 As the Sun crosses the midheaven angle of your chart today you are sure to be put to the test in some way, but your Scorpio self-belief will see you through no matter how stiff the challenge.

#### 

Nov. 23-Dec. 21 It's time to expand your horizons and find ways to get more out of life. That's not, however, an invitation to be reckless.

り Capricorn Dec. 22-Jan. 20 You may not want others to know about your financial

needs but if you don't open your mouth they won't be able to help you.

Aquarius Jan. 21-Feb. 18 The Sun moves into your opposite sign of Leo today, so partnership matters will be of the utmost importance. It may be tempting to make snap judgments about people but do you really know what motivates them?

#### H Pisces Feb. 19-March 20

You would be wise to make changes to your schedule today, changes that reflect the fact that you are feeling a bit run down physically and mentally. You have pushed yourself hard these past few weeks, so give yourself a break.

SALLY BROMPTON



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